



































HGMH Pool Schedule

NORTH
GLEN GARRY
NORD

*Ontario's Celtic Heartland
Le centre celtique de l'Ontario*



March - June 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Women/Girls Swim 8:30am - 10am 	Aquafit BootCamp 8am - 9am 		Aquafit BootCamp 8am - 9am 			Aquafit BootCamp 8am - 9am 
Preschool Level 4 10am - 10:30am 	Aquafit General 9am - 10am 		Aquafit General 9am - 10am 			Aquafit Senior 9am - 10am 
Preschool Level 5 10:30am - 11am 						Aquafit Adult 10am - 11am 
Senior Swim 11am - 12:30pm 						Public Swim 11am - 12:30pm
Public Swim 1pm - 2:30pm 		Parents & Tots Level 1 4pm - 4:30pm 	Parents & Tots Level 2 4pm - 4:30pm 	Parents & Tots Level 3 4pm - 4:30pm 		Swimmer Level 4 12:30pm - 1pm 
Parents & Tots Swim 2:30pm - 3:30pm 		Preschool Level 1 4:30pm - 5pm 	Preschool Level 2 4:30pm - 5pm 	Preschool Level 3 4:30pm - 5pm 		Parents & Tots Swim 1pm - 2pm 
Aquafit Yoga 4pm - 5pm 		Swimmer Level 1 5pm - 5:30pm 	Swimmer Level 2 5pm - 5:30pm 	Swimmer Level 3 5pm - 5:30pm 		Aquafit Senior 5pm - 6pm 
Aquafit General 5pm - 6pm 		Senior Swim 5:30pm - 7:00pm 	Senior Swim 5:00pm - 6:30pm 	Senior Swim 5:30pm - 7:00pm 		Aquafit Adult 6pm - 7pm 
		Public Swim 7pm - 8:30pm 	Public Swim 6:30pm - 8:00pm 	Public Swim 7pm - 8:30pm 		Teen Swim 7pm - 8:30pm

Public Swimming Fees

- 1.5 hours time slots - Adults - \$5.40 + HST
- 1.5 hours time slots - Seniors - \$4.96 + HST
- 1.5 hours time slots - Child under the ages of 12 - \$5.10 HST included
- 1 hour time slot - Parents & Tots ONLY \$4.60 child & \$5.60 Adults

Registration

Individuals interested in using the pool for public swimming, swimming lessons, or aquafit classes must register and pay ahead of time using the Township's Reservations Calendar software.



LESSON



AQUAFIT CLASS



PUBLIC SWIM